

The Good Fight  
Part 2

The breastplate of  
righteousness

6/28/09

“Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place...”

Ephesians 6:14

What does the Breastplate of righteousness protect?

My \_\_\_\_\_

“Above all else, guard your heart, for it is the wellspring of life.”  
Prov 4:23

- My heart is the key to the \_\_\_\_\_

**How to protect my heart?**

**A. Everyday I must acknowledge the \_\_\_\_\_  
righteousness of Christ inside my heart.**

“...just as sin reigned in death, so also grace might reign through righteousness to bring eternal life through Jesus Christ our Lord.”  
Romans 5:21

Romans 10:4

- Christ has made me \_\_\_\_\_. Christ has made my heart \_\_\_\_\_

**B. Everyday I must claim Christ’s \_\_\_\_\_ righteousness to flow into me and through me by my obedience.**

“But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness.” Romans 8:10

**My heart is all about:**

1. \_\_\_\_\_: The place where I fellowship with God.
2. \_\_\_\_\_: The place where I become aware of sin.
3. \_\_\_\_\_: The place where Truth is imparted to me by God.

**C. Ask God to \_\_\_\_\_ my heart.**

“I the LORD search the heart...” Jeremiah 17:10

Romans 8:27

**D. Confess my \_\_\_\_\_**

“If I regard iniquity in my heart, the Lord will not hear me:”

Ps 66:18

**1. If my heart is wounded, ask Christ to \_\_\_\_\_ it.**

“But you, O Sovereign LORD, deal well with me for your name’s sake; out of the goodness of your love, deliver me. For I am poor and needy, and my heart is wounded within me.”

Psalms 109:21-22

**2. If my heart is diseased, ask Christ to \_\_\_\_\_ it.**

“Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.” Proverbs 12:31

**3. If my heart is clogged, ask Christ to \_\_\_\_\_ it.**

“...then your heart will become proud and you will forget the LORD your God, who brought you out of Egypt, out of the land of slavery.”  
Deut 8:14

“The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart.”  
1 Samuel 16:7

“When anyone hears the message about the kingdom and does not understand it, the evil one comes and snatches away what was sown in his heart.”  
Matthew 13:19